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Welcome Back!

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Have you ever felt to self-sabotage?

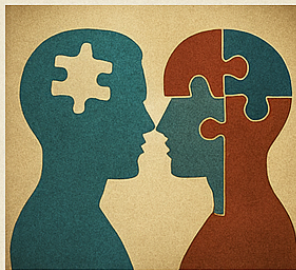
READ MY BOOK!



Hello friend!

Self-sabotage is a recurrent human behavior. Some patterns of procrastination, perfectionism, negative self-talk, and other self-defeating actions that prevent us perhaps reach goals fulfilling potential.

Understanding that motivations, fears, and beliefs behind these patterns, and to better understand spotting often the internal conflicts that create sabotage cycles for lasting change.



Agosto: Tiempo de aprender, inspirarse y crecer

Agosto marca el momento perfecto para detenernos un instante y reflexionar sobre nuestras metas personales y profesionales. Es un mes que invita a reconectar con nuestra motivación, ajustar el rumbo y adquirir nuevas herramientas para alcanzar nuestros sueños.

En mis libros encontrarás no solo ideas, sino caminos prácticos para liderar con propósito, gestionar proyectos de manera efectiva y entender mejor el papel que juegan nuestras emociones y relaciones en el éxito. Desde la consultoría hasta el liderazgo transformacional, cada página está pensada para inspirarte y darte estrategias concretas que puedes aplicar de inmediato.

Te invito a explorar mi catálogo y aprovechar las promociones de este mes a través de BookFunnel. Es tu oportunidad de descubrir historias y conocimientos que pueden transformar tu forma de trabajar, liderar y vivir.

August: A Time to Learn, Get Inspired, and Grow

August is the perfect moment to pause and reflect on our personal and professional goals. It's a month that invites us to reconnect with our motivation, adjust our course, and acquire new tools to achieve our dreams.

In my books, you'll find not just ideas but practical paths to lead with purpose, manage projects effectively, and better understand the role our emotions and relationships play in success. From consulting to transformational leadership, each page is designed to inspire you and provide concrete strategies you can apply right away.

I invite you to explore my catalog and take advantage of this month's BookFunnel promotions. It's your opportunity to discover stories and insights that can transform the way you work, lead, and live.



Newsletter

To complement your readings and growth personal and professional, I am making the following recommendations. Para complementar la lectura y tener crecimiento personal y profesional, hago las siguientes recomendaciones.

1. [Hot Summer Self Help](#). Auto ayuda en verano.
2. [Change Your Mind](#). Cambia tu mente.
3. [Your Message Matters](#). Tu mensaje importa.

4. [Permission To Be Powerful](#). Permiso para ser poderoso.

Coming soon...

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Angelica Larios

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México



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