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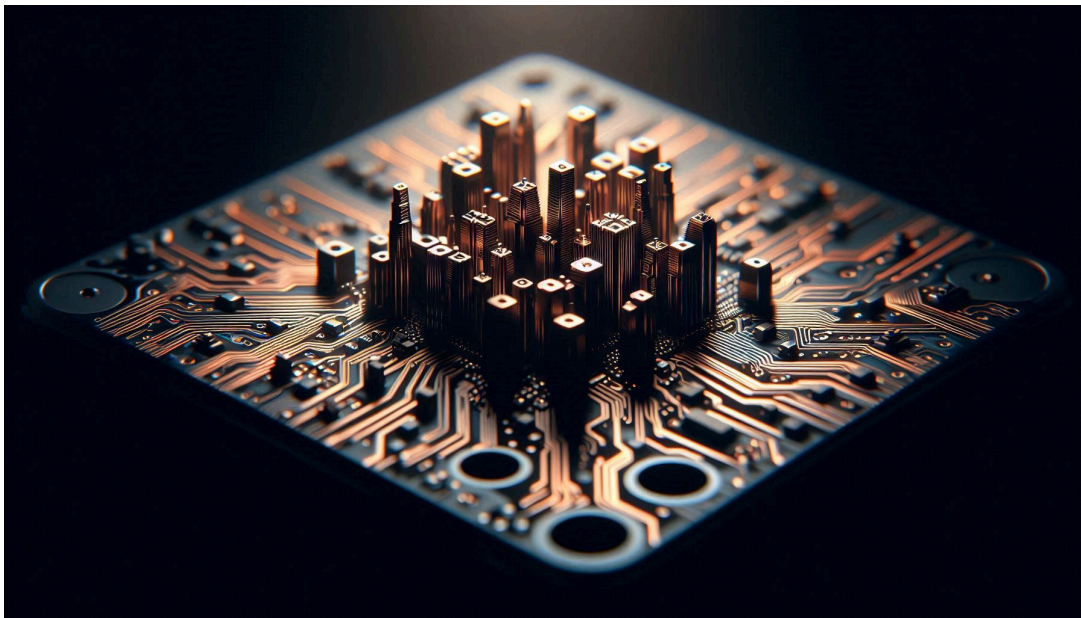
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Welcome Back!

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Have you ever volunteered? In which institution and role? Send me an email.



Parenting and Leadership!

Talking about leadership and parenting, I am pretty sure that you have heard before that both concepts share some principles. Parenting represents in many ways a leadership style or approach, and raising our kids is as challenging as to make people achieve or go for the same goal. Our parenting style can impact the results of the future followers (our sons). According to Dr. Ron Riggio raising well-adjusted kids starts with understanding the impact of the parenting style.

The research points strongly to one model: **authoritative parenting**. It balances clear expectations and structure with warmth, responsiveness, and open communication. Kids raised this way tend to develop high self-esteem, better emotional regulation, and strong social skills.

Main Points

- Embrace an authoritative parenting style that combines warmth, structure, and open communication.
- Reduce authoritarian control and permissive indulgence, as both approaches can hinder emotional and behavioral development.
- Both leadership and parenting rely heavily on consistency, effective modeling, and building trust from the beginning.

At the end...

It is easy to believe that being "nice" or always saying yes makes us approachable. However, research shows that permissiveness, though it may seem generous, often leads to anxiety and insecurity in kids. True generosity involves setting clear expectations and adhering to them with love. This principle applies equally in the workplace and at home.



Newsletter

To complement your readings and growth personal and professional, I am making the following recommendations. Para complementar la lectura y tener crecimiento personal y profesional, hago las siguientes recomendaciones.

1. [May is for Memoirs](#). Mayo es para memorias.
2. [Hot Summer Self Help](#). Verano caliente autoayuda.

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